

From Kevin Price

Sun, Nov 21, 2021 at 11:10 AM

Subject: Moving into cold season - Beebalm reminder

Dear Friends,

Most colds are caused by a virus infection which is why there are few doctors who will tell you they can cure the disease, only treat the symptoms as your immune system fights the disease. During my study of the Covid virus, I have learned for it to replicate, it has to split a long protein chain that it uses to replicate. I learned the one drug prohibits the splitting process. It does this by blocking the activation key. Based on what I am learning, the two most effective treatments for Covid are both used against Malaria. These two drugs probably cure Malaria by shutting down the replication process of the parasite. Advanced chemical analyses of the Zara Thym blend shows a match between the chemical structure of the Zara Thym (Spotted bee balm on steroids) and one of the drugs used to treat Malaria. This previous statement is based on chemical analyses using advanced technology. I cannot know if Zara Thym works in the same way, all I know is what I have been told about its use as a treatment.

Please remember, if you are treating with any drug, under treating is often more dangerous than over treating. This is because like using antibiotics, you usually kill the weak bacteria in the first few treatments and weaken the stronger strains, and many people start feeling better and stop taking their treatment and they get very sick. This is because the strong strains recover and now you have the stronger strains replicating with stronger bacteria. I am sure the same can be said for treating viruses.

If you overdose with Zara Thym, you can do more harm than good, so read the guidelines below from Dana Young and follow them. The saying that if a little is good, a lot is better is not always true. And also remember that everyone responds to any treatment differently.

From Dana Young:

Good morning,

Zara Thym will have multiple uses and should be used in the following ways. Along with its powerful antioxidant properties, it has health-promoting capacity in a number of areas. As we have more people reporting back we are seeing powerful results in the following areas:

- For topical pain relief such as, joint, muscles and toothache. Alleviate sinus and chest congestion, and reduce cough symptoms. Anti-fungal, problems, as well as with fungal and mold infections.
- Anti-viral properties, for flu, chickenpox, Herpes, shingles, CoV-2
- Anti-bacterial, common cold, fever, food poisoning
- Aiding gastrointestinal

How to use safely

Diluted with a carrier oil, Zara Thym can be applied to the skin for conditions like acne, cold sores and dandruff, and for the relief of sore, aching muscles and joints.

- Diluted with a carrier oil [carrier oils often used are Olive or Grape Seed oils], Zara Thym can be applied to the skin for cuts scrapes and general disinfecting
- Taken internally, it's also thought to boost the immune system to help fight off colds and flus in the winter.

Application

- Oral
 - Taken orally or by capsule Use the “lick trick”* or a capsule. Use 2-4 drops in a capsule filled with carrier
- Dermal
 - Applied topically Use 2-5 drops directly on location
- Inhalation
 - Inhale or use with diffuser Use with a diffuser. Drop 5-10 drops directly into ultra sonic diffuse

Dilution ratios

- Sunlight
 - AVOID direct sunlight after use
- Neat
 - No dilution required No dilution required; apply directly on the skin or in a capsule
- Sensitive
 - CAN mix with carrier oils — To avoid discomfort or burning Recommended Dilution Ratio:
 - 0-2 years of age: 1 drop essential oil to 3 drops carrier oil
 - 2-3 years of age: “50/50 ratio; 1 drop essential oil to 1 drop carrier
 - 3+ years of age: Apply neat after a patch tests to determine your sensitivity
 - 75 + years: See 2-3 years of age precautions above
- Dilute
 - MUST mix with carrier oils — Use 1-2 drops of the total dilution formula
 - Recommended Dilution Ratio:
 - 0-2 years: 1 drop essential oil to 100 drops carrier
 - 2-3 years: 1 drop essential oil to 5 drops carrier
 - 3+ years: “50/50” 1 drop essential oil to 1 drop carrier
 - 75 + years “75/25” 1 drop essential oil to 3 drops carrier

Topical

Topical use of essential oils is effective and popular. Applying essential oils where you need them for localized effect is a time-tested treatment used for thousands of years to promote health and vitality anywhere on the body

- Apply directly to a sore muscle after a hard workout
- Apply to the face for complexion and beauty regimens
- Apply to the forehead, neck, and temples for headache or tension
- Apply to the base of the skull for mood and emotional support
- Apply to the abdomen for digestive support and comfort
- Apply to the chest to support breathing
- Apply to the bottom of the feet for whole body benefits